

May 2009

Issue 86

Holy Family Matters

Central Office News & Events May 2009

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FNMI Coordinator

Vanessa Malegana

The 2009 Peace River Regional Youth Conference is coming to Northern Alberta at the following communities and schools!

See RSVP contact numbers below if you would like to register a group of students/youth in your community or nearest town.

Keep an eye out for posters and brochures.

Conference dates and Locations

May 25th, 2009 – RSVP 780-891-3949

Mistassiniy School in Wabasca-Desmarais

May 26th, 2009 – RSVP 780-523-4531

E.W. Pratt School in High Prairie

May 27th, 2009 – RSVP 780-925-3959

G.P. Vanier School in Donnelly

May 28th, 2009 – RSVP 780-624-1000

Peace River Kinsmen Arena for youth from the Peace River/Fairview Area

May 29th, 2009 – RSVP 780-624-1000

Glenmary JR/SR High in Peace River for local Peace River youth only.

Taken from: meditation@whitebison.org

Elder's Meditation of the Day

"I can tell you that understanding begins with love and respect. It begins with respect for the Great Spirit. All things, and I mean ALL things, have their own will and their own way and their own way and their own purpose; this is what is to be respected."

--Rolling Thunder, CHEROKEE

Everything on earth has a purpose and is designed special. No two things are created identical. Sometimes in our minds we have a picture of how things should be, and often what we see is different from what they really are. When this happens we often want to control how things are, making them act or behave according to our picture. We need to leave things alone. God is running all things. How do we do this? In our minds we tell ourselves to love all things and respect all things just as they are. Accept what we cannot change.

Great Spirit, teach me the value of respect and help me to accept people, places and things just the way they are.

Project Link Coordinator

Stephanie Arseneault



Project Link's "Healthy Habits" challenge for nutrition month was a success. Every school took part in the challenge and prizes were awarded to participants at each school. Coming up in May, Project Link and Alberta Health Services are partnering to host "Walk On" which is a physical activity challenge for teachers and staff of all Holy Family schools. This challenge aims to encourage and motivate staff to be physically active throughout the month. To follow through with this challenge, May's theme is "Thirst Quencher- Water". For more information, please contact Project Link at 780-618-3465.

Next regular Board meeting of HFCRD #37 will be at Central Office in Peace River, Tuesday, May 19th at 10:00 a.m. Board meetings are open to the public.