

# Acimónis



February 2009

Our Holy Family Division regional try outs for the Cultural Hand Games Tournament are scheduled for February 27, 2009. The tournament will be held at Holy Family School in Grimshaw beginning around 10:00 am and ending around 2:30 p.m. Teams from seven of our Catholic schools will be bringing an elementary team and a junior/senior high team, with a total of about 16 teams.

If you would like to volunteer you can contact Vanessa Malegana at 780 624 3956 or [malegana.v@hfcrd.ab.ca](mailto:malegana.v@hfcrd.ab.ca). If you just want to come out and enjoy the event, free feel to drop by Holy Family School on that day.

*Vanessa Malegana*



"Good Shepherd School's Grade 4A students take part in the "Historic Dunvegan: Trappers and Traders" outreach presentation."

Taken from meditation@whitebison.org

## Elder's Meditation of the Day

--Hunbatz Men, MAYAN

It is said; when we need love the most is when we deserve it the least. Whenever I have secret thoughts about someone else, it will put bad feelings inside myself. I will hurt myself. If I secretly hold a grudge or resentment against my brother or sister, I will be a slave to that person until I let them go. Let me remember to look at my brother in a sacred manner. Today let me think like a Warrior. Let my thoughts toward my brothers and sisters be good thoughts. Let me remember that You are in charge. If I get upset at another person today, let me remember that the most important thing I can do is to first talk to You because, when I am right with You, it is impossible to be out of harmony with my brothers and sisters.

My Creator, take my hand and guide me through today.

**Good Shepherd School** - Our Cultural Hand Games teams have been selected and students are eagerly awaiting their trip to Grimshaw on Friday, February 27 for the Hand Games Tournament. New this year is the Regional Hand Games Tournament that will take place with first place teams from Grimshaw travelling to McLennan on April 3.

Mr. Martel's 5M class was the recipient of a special visitor to Good Shepherd, February 4 and 5. Mr. Adrian Wolfleg visited with the class and shared some of his Blackfoot culture and knowledge.



Mr. Wolfleg with  
Mr. Martel's 5M  
class.

Grades 1C and 1L took part in a fieldtrip to the Sagittawa Friendship Centre this past month, as did grades 3R and 3B. Good Shepherd School appreciates the working relationship we have formed with the Sagittawa Centre and we look forward to continuing to build on this relationship in the future.

Other plans being worked on for the upcoming month include:

- Inuit presentations for grades 2D, 2G, 2B and Kindergarten classes
- First Nations presentation on "The Buffalo" for grades 4H, 4B, 4K and 4A
- "Arctic Canada and the Inuit" presentations by Mr. Robert Cahill for grades 2D, 2G and 2B

Good Shepherd School is also looking into forming an FNMI Parental Advisory Committee. We are in the planning stages of putting this together. If you would like to learn more about it or would like to be a part of it, please contact Mrs. Leanne Rein, FNMI Coordinator, at the school.

*Leanne Rein*

**Glenmary School**—Reminder to all Grade 12 students to check out the scholarship information in Mrs. Rhodes' office. There are many scholarships that go unclaimed every year because no one applies for them. I also have a time line handout to help keep you organized with regards to scholarships that you have applied for, still want to apply for and the ones that you have had a response from.

Also, Grade 12's, mark June 14 on your calendar! That is the weekend of the Regional Pow Wow and there will be an Eagle Feather Ceremony on Sunday afternoon to honor graduating Grade 12 students. This ceremony is to honor the accomplishment of completing Grade 12 and moving on to the next stage of your education.

*Sherry Rhodes*

### **Holy Family School**

Tansi Brothers and Sisters,

February

- Students, parents and staff are looking forward to the Cultural Hand Games Tournament on Feb.27<sup>th</sup> from 10am to 2pm at Holy Family School
- Aboriginal Parent Group Monthly Meeting- Feb.24<sup>th</sup> at 5 pm at Holy Family School
- Home Work Completion Team – after school until 5 pm.
- Dennis Whitford—Senior Advisor Aboriginal Services—Aboriginal Dance Teachings and demonstration for Grades 7, 8 & 9 Phys Ed classes on Feb.12<sup>th</sup>
- Adrian Wolfleg, guest speaker for Mrs. Palinkas' Grade 4 class- Feb.4<sup>th</sup>
- Breakfast Program every Tues and Thurs- Holy Family School Parent Council
- A substantial donation was received from Duncans First Nation for the Breakfast/Lunch and Snack Programs.

*Maxine Elter-Fournier*