

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 <i>Grad Pictures</i>  <i>Science in Motion</i>	3 <i>Science in Motion</i>	4 <i>Science in Motion</i>	5 <i>Elementary, Jr &amp; Sr Report Cards mailed</i> <i>Gr. 3 Skating 1-2</i>	6
7	8	9 <i>Gr. 3 Skating 1-2</i> <i>Parent Teacher Interviews 5-8</i>	10 <i>Go Girl/Go Guy Jr. High</i>  <i>Parent Teacher Interviews 5-8</i> <i>Jr. Ski Day</i>	11 <i>Sr. Ski Day</i> <i>Oratorical Library Finals</i> <i>Gr. 3 Skating 1-2</i>	12 <i>No School</i> <i>Staff Meeting</i>	13
14 <i>Student Led mass Sr. High—St. Paul's 10am</i>	15 <i>PE 10 skating 2-3</i>	16 <i>Gr. 8 Swimming 9-10</i> <i>PE 10 Skating 2-3</i> <i>ECS Parent meeting @ 7pm</i>	17 <i>Gr. 8 Swimming 9-10</i> <i>School Council Meeting 7pm</i>  <i>Wear Green Day</i>	18 <i>Gr. 8 Swimming 9-10</i>  <i>PE 10 Skating 2-3</i>	19 <i>Jr. High Shine Retreat—Peace River</i>	20 <i>Jr. High Shine Retreat—Peace River</i>
21 <i>Jr. High Shine Retreat—Peace River</i>	22	23 <i>Gr. 7 Swimming 9-10</i> <i>Jr. Tertiary Exams</i>	24 <i>Jr. Tertiary Exams</i>	25 <i>Gr. 7 Swimming 9-10</i> <i>Jr. Tertiary Exams</i>	26	27
28	29	30	31			

March 2010



# STUDENTS OF THE MONTH



ECS1 Caci C —For working hard and always following the rules

ECS2 Taylor E —For always smiling and making people happy

1A Shandon L—is thoughtful and considerate of others

1B Kaleb D—loves to help others and has really been trying his best.

1C Kadin K—is always working hard and is kind towards his peers.

2A Mai Mai T—for her positive attitude and being kind to others

2B Jerzie L—always works hard and is a great friend!

3A Bailey S—very helpful to her teacher and classmates.

3B

4A Nolen F—Becoming an awesome writer!

4B

5A Yosie A—Positive attitude, cheerful and always willing to help others

5B

6A Brandon C—Excellent work Brandon!

6B Calder C—always smiling, friendly, and is improving work habits

7A

7B

8A Beau L—Awesome sense of humor!

8B Brittany C—is always friendly to her classmates and polite to her teachers. She's a pleasure.

9A

9B

K&E

K&E

K&E

10 Taylor J—dedicated student with a positive attitude and awesome work ethic

11 Cameron L—Awesome work last semester! Already completed all of his Religion 30 service hours

12 Francis S— Off to an excellent start in Social 30.2



St. Patrick's Day  
March 17, 2010

Wear Green Day!

Strut your stuff in the  
most green you can  
find!!



HOSTS (Helping Our Students to Succeed), is partnering with Community Health in High Prairie and the Healthy Weight Coordinators in Grande Prairie, to run an activity day for Junior High students in St. Andrew's School and Prairie River Junior High. The purpose of the day is to promote a healthy active lifestyle to junior high students in our community by introducing them to various sports and recreational opportunities.

## PARENT VOLUNTEERS NEEDED

HOSTS is seeking community and parent volunteers for the day. We are looking for individuals with knowledge and skills in sports and recreation to lead 1 hour sessions (e.g. dance, karate). If you have a skill that you would like to share with students, contact us! We are also looking for parents who would like to assist on the day by accompanying student groups to events.

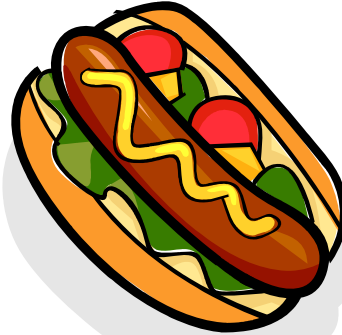
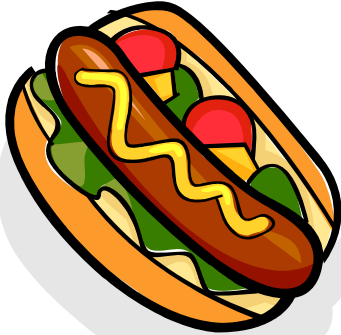
Please contact Stefani, HOSTS Project Coordinator, at St. Andrew's School. Phone: (780) 536-6224 Email: burosch.s@hfcrd.ab.ca



## REMINDER TO PARENTS AND STUDENTS:



**GRADE 9 TRAVEL IS STILL SELLING HOT DOGS & JUICE ON THURSDAYS. COST IS \$1 FOR EACH HOT DOG AND \$1 FOR EACH JUICE. STUDENTS IN GRADES ECS—6 MUST PRE-ORDER. JR/SR HIGH STUDENTS CAN PURCHASE ON THURSDAYS AT LUNCH ON A FIRST COME FIRST SERVE BASIS. PLEASE SUPPORT GRADE 9 TRAVEL AND ENJOY A HOT DOG LUNCH EVERY THURSDAY!**



# Badminton Season

St. Andrew's School is looking for anyone interested in helping coach either the junior or senior high Badminton programs. Duties would consist of two weekly practices with tournaments on Saturdays.

The Season runs from the second week of March until the first week in May.

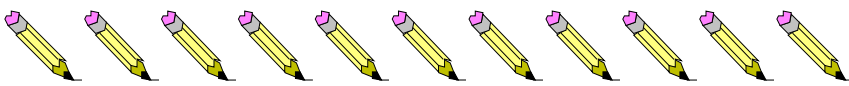
If you are interested please contact the school by phone (780) 523-4595

or the athletic director Robert Levy through email @ [levy.r@hfcrd.ab.ca](mailto:levy.r@hfcrd.ab.ca)





Grade 2 First Communion Parent Meeting will be held on Wednesday, March 10th at 7:30pm in the St. Andrew's Staff Room. Please attend if you have a child who is planning to receive First Holy Communion in May. If you have any questions please contact Jennifer Norgaard, Grade 2A at 780-523-4595. Thank-you!



### **March Tertiary Exam schedule**

**Tuesday, March 23 – periods 1 & 2**

**Grade 7 – Science**

**Grade 8 – Language Arts**

**Grade 9 – Social**

**Wednesday, March 24 – periods 3 & 4**

**Grade 7 – Social**

**Grade 8 – Science**

**Grade 9 – Language Arts**

**Thursday, March 25 – periods 5 & 6**

**Grade 7 – Language Arts**

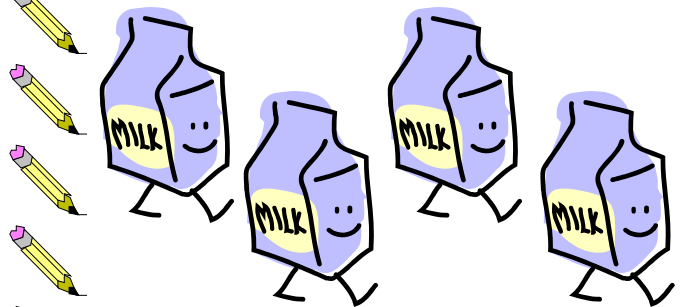
**Grade 8 – Social**

**Grade 9 - Science**



**Reminder!!!**

**Milk Money due  
Wednesday, March  
17th**



Reminder to  
Parents/Guardians:

If you are picking up your child(ren) on the K-4 Playground after school, please notify the office who will be doing this so that we can ensure your child(ren) are supposed to be leaving with someone else. Thanks!!





HIGH PRAIRIE

# HOSTS NEWS!

MARCH 2010

## MARCH 17TH 2010—GO GIRL! GO GUY! ACTIVITY DAY

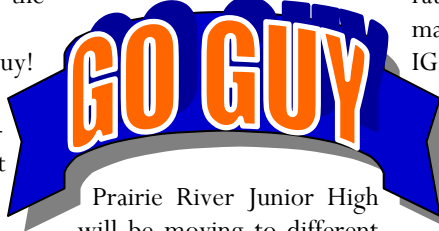
Over the last few months, HOSTS has been working in partnership with the Grande Prairie-based Healthy Weights coordinator, Community Health in High Prairie, with the High Prairie and District Recreation Board, and with other local groups, organizations, and businesses to plan the first ever—Go Girl! Go Guy! event to take place in the town of High Prairie.

The Go Girl! Go Guy! planning committee was successful in applying for a \$2500 grant from the Alberta In Motion Network to run the event.

The purpose of the day is to promote a healthy active lifestyle to junior high students by introducing them to various sports and recreation opportunities available to them in the

town of High Prairie.

Throughout the day, junior high students from St. Andrews school and



Prairie River Junior High will be moving to different activities hosted at different locations in the community.

The day is entirely community- and volunteer-based with approximately fifteen different sports and recreation opportunities high-lighted and over fifty

community volunteers and supporters from local businesses.

Our local Freson IGA is donating snacks and refreshments for participants and volunteers on the day. Freson IGA will also be working with Pizza Factory to prepare and serve a pizza lunch for over 350 students and volunteers. The preparation of the pizza lunch was made possible by Freson IGA's capacity to cook 300 pizzas at one time. That's a lot of pizza!

Overall, the day promises to be a very exciting one! **HOSTS is still looking for parent volunteers to assist in group supervision for St. Andrew's School. Please contact Stefani at St. Andrew's school 780 536-6224**

**HOSTS: HELPING OUR STUDENTS TO SUCCEED**

**WORKING WITH STUDENTS IN GR. 6-9 AT PRAIRIE RIVER, ST. ANDREW'S AND HIGH PRAIRIE ELEMENTARY IN PARTNERSHIP WITH:**

- ◆ ALBERTA HEALTH SERVICES
- ◆ ALBERTA EDUCATION
- ◆ CHILD AND FAMILY SERVICES
- ◆ HIGH PRAIRIE RCMP
- ◆ CHILDREN'S RESOURCE COUNCIL



c/o St Andrew's School  
Box 789  
High Prairie, AB

Phone: 780-523-4595  
Fax: 780-523-4422

### HOSTS Contact Information

Project Coordinator  
Stef Burosch  
burosch.s@hfcrd.ab.ca  
(780) 536-6224

Youth Success Coach  
Terry Leus  
leus.t@hfcrd.ab.ca

Health and Wellness Coach  
Noreen Haugen  
haugen.n@hfcrd.ab.ca

Addictions Counsellor  
Brienne Burosch  
brienne.burosch@albertahealthservices.ca

### FAREWELL TO DEEN

It is with heartfelt good wishes for the future that the HOSTS team bids farewell to Deen Flett, Aboriginal Mentorship Coach for the project since its inception in 2008.

Deen resigned from his position at the end of January to start a new position working with schools in

Edmonton on strategies to enhance the success of Aboriginal youth.

Deen was well known amongst students in High Prairie for his sense of humour and genuine concern for students' well-being.

Good luck Deen with your new job—we wish you all the best!



### LOCAL FITNESS GURU TAKES ON THE GO GIRL! GO GUY! CHALLENGE

Local fitness enthusiast, Theresa Doody, will be appearing as a guest speaker at the March 17th Go Girl! Go Guy! morning pep rally to be held at the Sports Palace Arena from 9:00—9:30am.

Theresa is a fulltime teacher in the area during the day however she spends her evenings working out, teaching fitness classes, and helping individuals achieve their fitness goals through personal training.

When the Go Girl! Go Guy! committee was thinking about a strong female role model who was a local ambassador for women in sport, Doody immediately came to mind.

Theresa will be speaking to students about the importance and benefits of exercise. She will also lead the crowd in a group warm-up. The pep rally will kick off a full day of activities in the community.



Contact Stefani at the HOSTS office (780) 536-6224 if you have questions about the HOSTS activities going on in your child's school. HOSTS is always open to ideas, feedback and involvement from parents.

### GO GIRL! GO GUY! PARTICIPANTS WILL GET TO TRY FOUR DIFFERENT ACTIVITIES

Go Girl! Go Guy! participants will travel to FOUR different activity sessions throughout the day. Choices include:

- \* Lyrical Jazz & Hip Hop Dance
- \* Shotokan Karate
- \* Ice Curling and Floor Curling
- \* Girl Guides
- \* Strength and Conditioning
- \* Physical Fitness Tests
- \* Hand Games Demonstration
- \* Air Cadets
- \* Organized Skating Games
- \* Swimming and Aquafit Classes
- \* Intro to Fishing and Trapping

### THANK YOU TO THE COMMUNITY VOLUNTEERS AND LOCAL BUSINESSES SUPPORTING GO GIRL! GO GUY!

- The Town of High Prairie
- The High Prairie & District Recreation Board
- The High Prairie Elks
- The Royal Canadian Legion—High Prairie Branch # 37
- BodyShapers Gym
- The Repertoire Dance Society
- The Native Friendship Centre
- The RCMP High Prairie Detachment
- The High Prairie Curling Club
- The Golden Age Centre
- High Prairie Girl Guides
- Lesser Slave Lake District Fish and Wildlife
- Alberta Sustainable Resource Development's Forest Protection Staff
- Eric Verstappen—Karate
- Pastor Eric Kregel—Bethel Baptist Church
- Driftpile Hand Games Teams
- Freson IGA High Prairie
- Pizza Factory High Prairie
- Clean Fresh Laundry
- 1020 The Fox High Prairie
- South Peace News

#### St. Andrew's HOSTS Schedule

	Mon	Tues	Wed	Thurs
<b>AM</b>	Stef	Stef Brie (float)	Stef Brie	Stef Noreen
<b>PM</b>	Stef Noreen	Stef Brie (float)	Stef Brie	Stef Noreen

#### Prairie River HOSTS Schedule

	Mon	Tues	Wed	Thurs
<b>AM</b>		Terry Noreen	Terry (floats) Noreen	Terry Brie
<b>PM</b>	Terry	Terry Noreen	Terry	Terry Brie

#### High Prairie Elementary Schedule

	Mon	Tues	Wed	Thurs
<b>AM</b>	Terry Noreen			Stef Noreen
<b>Lunch</b>	Terry Noreen		Noreen	Stef
<b>PM</b>			Noreen	