



HIGH PRAIRIE

HOSTS NEWS!

JUNE 2009

WE WANT TO HEAR FROM YOU

As this school year comes to a close, HOSTS is busy planning for the fall. In addition to programming for students, we are looking at increasing supports for parents/guardians and teachers. In order to help us provide the best services possible, we want to hear from you.

On the reverse of this sheet, you will find a quick survey. Take a few moments to fill it out and tell us what you think of our work so far. We'd also like to hear your suggestions for

other services and supports that HOSTS can provide to both you and your child or youth.

The Helping Our Students to Succeed Project is dedicated to promoting child and youth mental health. While a large part of what we do involves intervention and working with kids at risk, we are also very concerned with prevention.

A key part of prevention is helping students to develop resiliency—that is, the ability to bounce back from hardships that they

might experience in their lives.

As part of our prevention efforts, the HOSTS team seeks to build relationships with all students in our schools. Activities such as lunch time drop-in, HOSTS Challenge of the Week, Guitar Hero Tournaments and Ball Hockey, encourage all students to participate and experience positive interactions with their peers.

Promoting resiliency in children and youth also involves providing support and education to the adults who are involved in young people's lives. That is why it is so important for us to hear from you—the parents and guardians of our youth, so that we can provide the best service possible. Together, we can Help Our Students to Succeed.

HOSTS: HELPING OUR STUDENTS TO SUCCEED

WORKING WITH STUDENTS IN GR. 6-9 AT PRAIRIE RIVER, ST. ANDREW'S AND HIGH PRAIRIE ELEMENTARY

IN PARTNERSHIP WITH:

- ♦ ALBERTA HEALTH SERVICES
- ♦ ALBERTA EDUCATION
- ♦ CHILD AND FAMILY SERVICES
- ♦ HIGH PRAIRIE RCMP
- ♦ CHILDREN'S RESOURCE COUNCIL

INSIDE THIS ISSUE:

WE WANT TO HEAR FROM YOU	1
HOSTS CONTACT INFO	1
PARENT FEEDBACK SURVEY	2
SURVEY DRAW BALLOT	2

Fill out our HOSTS Feedback Survey (see reverse) and you could win a \$20 gift certificate to Eva's Café.



Sow an act, and you reap a habit; sow a habit, and you reap a character; sow a character, and you reap a destiny—George Dana Boardman



c/o St Andrew's School
Box 789
High Prairie, AB
T0G 1E0

Phone: 780-523-4595
Fax: 780-523-4422

OUR TEAM

Deen Flett

Aboriginal Mentorship Coach

Cell: 780-536-6297

Email: flett.d@hfcrd.ab.ca

Brienne Burosch

Addictions Counsellor

Office: 780-523-6640

Email: Brienne.Burosch@aadac.gov.ab.ca

Terry Leus

Youth Success Coach

Cell: 780-536-6403

Email: leus.t@hfcrd.ab.ca

Stef Burosch

Project Coordinator

Cell: 780-536-6224

Noreen Haugen

Wellness Coach

Phone: 780-523-4595

Email: haugen.n@hfcrd.ab.ca



HOSTS Parent Feedback Survey

Part I – Learning Sessions

Would you be interested in attending learning sessions in the area of child and youth mental health? (A learning session would involve a guest speaker presenting on a specific topic with time for questions and discussion)

Yes No

If YES

Where should the learning sessions take place?

At a High Prairie school At the High Prairie Library Other _____

How long should the learning sessions be?

30 min 45 min 1 Hour Other _____

When should the learning sessions take place?

After 5pm on weekdays After 7pm on weekdays On weekends Other _____

How often should the learning sessions take place?

More than once a month Once a month Less than once a month

IF Less than once a month, how many sessions would you be interested in? _____

What topics would you be interested in learning about (Circle all that apply)?

Cyber Bullying Relational Aggression/Cliques/Gang Prevention Children and Sexuality

Family Violence Behavioural Challenges (e.g. FASD, ADHD) Self Esteem Children and Suicide

Depression in Children Parenting Techniques Depression in Children

Coping Behaviours in Children Talking to Children About Drugs Building Resiliency in Children

Other _____

Number the 3 topics of most interest to you

Part II – Feedback on HOSTS (please attach a separate sheet if more space is needed)

What has HOSTS been doing well?

What can HOSTS improve upon?

What would you like to see from HOSTS in the future?

What is your overall impression of the HOSTS program so far?



HOSTS Parent Survey Draw Ballot

Name _____

School _____

Phone _____



Survey Return and Draw Ballot Instructions

Return your survey and draw ballot and as a token of our appreciation, you will be entered into a draw for a \$20 Gift certificate for Eva's Café. You can send your survey and ballot back to HOSTS with your child, drop it off at your school office, or mail it to St. Andrew's (address listed on the reverse of this sheet). Thank you!